

Transforming Employee Well-being

Legal Aid QLD, The Community Legal Services
Program (QLD GOV)



LifeWorks
by Morneau Shepell

LifeWorks helps employers deliver a unique total well-being experience that drives measurable business results.

Our mission is to transform the way employees live their lives, in and out of the workplace.



What is the EAP?

- An Employee Assistance Program (EAP) provides employees with a confidential, impartial and professional counselling and coaching service.
- It is a resource which can assist you to address work and/or personal issues that may be impacting productivity, morale and wellbeing.

Features of the EAP

Its free and
voluntary

Short term

(face to face, telephone, online)

After hours
phone support
available

For all employees
and your
immediate family
(if eligible)

4 sessions/hours
per issue

A strictly
confidential
service

Help people bounce back from whatever life throws at them

We offer support in the following areas:

Work

Stress with work, relationships, conflict, communication, change, starting a new job, return to work

Money

Dealing with debt, buying your first home, finance and legal assist

Life

Living with a disability, Work-Life balance, retirement, grief & loss

Family

Becoming a parent, elder care, relationship issues

Health

Addictions, diseases & conditions, mental health, how to live a healthy lifestyle

Total Well-being Platform

Get to know your LifeWorks Total Wellbeing Platform

- Search for Total Wellbeing information - Articles, Toolkits, Podcasts, Resources - all regularly updated
- Discover easy access to EAP counselling, including how to get assistance for others
- Access via <https://login.lifeworks.com/> or APP.

Username **community1**

password **community1**

Download
the
LifeWorks
app today




Manager Hotline

- Call our National Contact
1800 604 640
- Attended by senior clinicians.
- Available during standard business hours EST.
- In case of serious risk issues, the call will be responded to immediately or referred to our after-hours psychologist.



This service is not intended to take the place of HR advice or internal consulting services. It is an additional resource and support.

Key benefits of the Manager Hotline



Develop improved assertiveness, self-assurance and leadership strength

Manage interpersonal conflict more effectively

Confidently respond to staff whose problems are having an impact on work.

Assist a staff member who is not coping.

Employee Assistance Program

Employee Assistance counselling is...

- Confidential, free and easy to use
- Available to all employees and family members (if eligible)
- Short term counselling and support for personal or work-related issues
- Designed to suit you, with telephone, video or in person appointments
- Accessible when away on work/holiday

Please call 1800 604 640



Some EAP tips

- You can always keep the same counsellor
- You can always change counsellor
- Use the EAP early – don't wait till crisis
- Let Call Centre know if children are involved (offsite)
- Look out for each other
- Use it for family members
- Use the full scope of services
- Download the LifeWorks App

Questions

Thank you.

Contact

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